



William Stockton Primary School Sex and Relationships Education (SRE) Policy

Rationale

Sex and relationship education should contribute to promoting the spiritual, moral, cultural, mental and physical development of pupils at school and in society, and preparing pupils for the opportunities, responsibilities and experiences of adult life.

What is sex and relationship education?

It is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality, and sexual health. It is not about the promotion of sexual orientation or sexual activity – this would be inappropriate teaching.

Aims

SRE in our school aims for pupils to:

- develop confidence in talking, listening and thinking about feelings and relationships;
- be able to name parts of the body and describe how their bodies work;
- protect themselves and ask for help and support;
- be prepared for puberty.

How is SRE provided?

Pupils need to be given accurate information and helped to develop skills to enable them to understand difference and respect themselves and others and for the purpose of preventing and removing prejudice. A planned, progressive programme of SRE gradually and appropriately begins to prepare our children for adult life. It teaches the skills they need to fully manage the natural physical and emotional changes that will happen to them as they grow and mature into healthy, confident and responsible adults. In line with national recommendations, SRE will be delivered through the PHSE, Science, SEAL and Citizenship frameworks. SRE is taught to each year group, starting in Reception.

SRE at William Stockton should cover the following areas

Attitudes and Values:

- Learning about the values of family life and stable relationships.
- Learning the value of respect, love and care.
- Exploring, considering and understanding moral dilemmas.
- Developing critical thinking as part of decision making.

Personal and Social Skills:

- Learning to manage emotions and relationships confidently and sensitively.
- Developing self-respect and empathy for others.
- Learning to make choices based on understanding of differences and with the absence of prejudice.
- Providing opportunities for young people to develop the ability to understand the consequences of their decisions and actions,
- Managing conflict.

Knowledge and Understanding:

- Information about healthier, safer lifestyles
- Physical development
- Emotions, relationships and reproduction.

Pupils at William Stockton will be provided with opportunities to develop their sensitivity and tolerance towards others through:

- RE and collective worship.
- Circle Time
Sex and relationship education is usually delivered in mixed gender groups. However, there may be occasions where single gender groups are more appropriate and relevant
- SRE in the Science Curriculum
SRE will be taught along the current Science curriculum. Parents do not have the right to withdraw their child/children from these lessons.

Working in Partnership with Parents

Parents are the key people in:

- Teaching their children about sex and relationships;
- Maintaining the culture and ethos of the family;
- Helping their children cope with the emotional and physical aspects of growing up;
- Preparing them for the challenges and responsibilities that sexual maturity brings.

The school is committed to working with parents and carers and informs parents by letter when pupils will be studying SRE. Parents have the right to withdraw their children from all or part of the SRE provided except for those parts included in the statutory National Curriculum. Parents are asked to contact the Learning Mentor, Mrs Baker, who will be available to discuss any concerns Confidentiality and Child Protection. SRE will take place in a secure and supportive environment; however the children will be made aware that teachers cannot offer unconditional confidentiality. All staff involved in delivering and supporting SRE should be alert to the signs of abuse, neglect and exploitation. The school has a separate Child Protection Policy. Effective SRE may bring about disclosures of child protection issues and staff should be aware of the procedures for reporting their concerns.

Equal Opportunities

At William Stockton we are committed to ensuring equality of education and opportunity for disabled pupils, staff, and all those receiving services from the school regardless of gender, race, and disability.

Review and Monitoring

The Sex and Relationships Education Policy is reviewed by governors. The SRE programme is monitored by the PSHE Subject leader.